

NLPS Covid-19 Continuity of Learning Families/Guardians

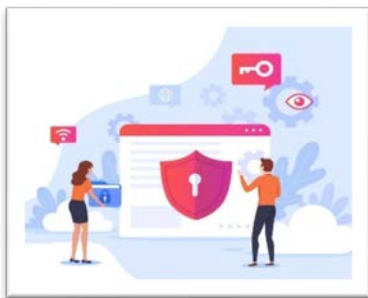
Dear students and parents/guardians,

Here are some guidelines to maintain internet safety when learning from home. While students are learning at school, NLPS has filtering services, firewalls, to protect web content. At home, you may not have these same protections, so we are providing some things you can do at home to maintain this internet safety.

With your children spending an increased amount of online time at home on devices, everyone should be sure to maintain digital and online safety, health and security:

- ✓ Only use the online tools, resources and activity guides provided to you by trusted sources: your teachers, your school, the Ministry of Education.
- ✓ Learning at home does not mean students will need to spend 6-8 hours a day on electronic devices. Take direction from your child's teacher on the time required to spend online learning.
- ✓ Students must keep any passwords used private. They should not be shared outside of immediate families/guardians.
- ✓ Students should never share any personal information online (ie. their name, age, location, parent's name, gender, school, siblings).
- ✓ The [BC Ministry of Education guide](#) to families includes a 'Keeping Healthy' section. There are good resources in the section on 'Keeping Safe Online', 'Cyberbullying', 'Managing Screen Time' and more.

To help you to keep your child's online activity at home safe:



- ✓ Make sure your home Wi-Fi is secured and protected with the latest updates.
- ✓ Families and students must take extra precautions against malicious activity like suspicious emails and online requests for private information, passwords or offers of free software.
- ✓ [The Canadian Internet Registration Authority \(CIRA\)](#) has more information on how to stay protected.
- ✓ Watch this [5 minute video](#) for more information about protecting kids online.

We will work together to support children and families as they learn from home. If you have any questions, please pass them along to the teacher during your next communication, the school principal or by visiting the district [COVID-19 webpage](#).

Sincerely,